Perry Sage Therapy

Licensed Marriage and Family Therapist, LF60735148 Electronic Communication Policy

The purpose of this policy is to clarify the use, limitations, and risks of electronic communication during your treatment at Perry Sage Therapy. Many forms of electronic communication can put your privacy at risk. Our goal is to communicate with you in ways that safeguard therapeutic boundaries, assure the security and confidentiality of your treatment, and are compliant with ethics and laws. Please read this policy carefully, and if you have any questions, please discuss them with your therapist.

Email and Text Communications

Perry Sage Therapy does offer email and/or text communication. Your therapist will do so only with your permission, and only for administrative purposes. Therefore, email exchanges and text messages with Perry Sage Therapy should be limited to things like setting and changing appointment times, notifying your therapist if you are running late to a session, and simple billing matters. Due to limitations in security, please do not email or text your therapist about clinical matters. All emails are stored in the logs of Internet service providers and/or employers. While it is unlikely that these logs will ever be reviewed, they are nevertheless available to be read by system administrator(s). If you choose to communicate with Perry Sage Therapy via email, please be aware that any emails received from you, and any responses sent to you, become part of your clinical record. If you need to discuss a clinical matter with your therapist, please call directly, or wait to discuss it in your next session. The telephone and face-to-face contexts are the most secure modes of communication.

Website

Perry Sage Therapy has a professional website that is available to provide information about services, as well as to educate and provide resources. In order to protect your privacy, the ability to leave comments on the website has been disabled. If you have questions or feedback about any of the information shared on the website, please discuss them during your appointment time with your therapist.

Social Media

Any social media accounts created and maintained by Perry Sage Therapy (such as a Facebook page, Twitter, or YouTube account) are for sharing practice updates, and educational videos and other resources. Clients may choose to follow or not follow the postings of these social media sites.

Perry Sage Therapy does **not** have any social media accounts for client use.

Perry Sage often participates *personally* on various social networks. However, he does not engage with any current or previous clients through these social media platforms as casual social contact could create significant security risks for clients and have the potential to compromise the professional relationship. Other standards include:

- Therapists do not accept friend requests from current or previous clients on social networking sites.
- If your therapist discovers that they have accidentally established an online relationship with you, they will cancel that relationship.
- If you have an online presence, there is a possibility that you may encounter an online presence by accident. If that occurs, please feel free to discuss it with your therapist during your time together.
- If you contact your therapist on social networking sites, your therapist will not respond.
- Your therapist will not "follow" or review their clients' personal online social networking activities. However, if there are aspects of your online life that you wish to share with your therapist, please bring those to session with you where they can be discussed together.

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Web Searches and Online Reviews

Perry Sage Therapy will not use web searches to gather information about you without your permission as we believe this violates your privacy rights. However, we understand that you might choose to gather information about your therapist in this way. There is a lot of information available about individuals on the internet, much of which may actually be known to that person and some of which may be inaccurate or unknown. If you encounter any information about your therapist through web searches, please feel free to discuss this with them during your session.

Recently it has become popular for clients to review their health care providers on various websites. Unfortunately, mental health professionals are not allowed to respond to such comments, or correct any errors, because of confidentiality restrictions. If you encounter such reviews of your therapist, please feel free to share them with us so we can address any concerns.

Emergency Assistance

Parent/guardian signature

Please do not contact your therapist via chat or messaging on sites such as Facebook, LinkedIn, Twitter, etc. Not only are these forms of communication not secure, your message might not be received in a timely fashion or may not be received at all. Should you need help or require contact between sessions, please contact your therapist via telephone. If you have an emergency, please call 911 or go to your nearest emergency room and ask for the psychiatrist on call.

I understand that I may change or revoke any or all of my permissions at any time in the future, simply by

Acknowledgment of Receipt and Permissions

discussing it with my therapist and signing a new Electronic Communication Policy. I have read and understand the Electronic Communication Policy. I agree to the statements herein. This document was discussed with me and any questions I had were answered fully.		
I agree / do not agree to use texting as a v purposes only .	vay to communicate with my therapist for adminis	strative
I agree / do not agree to use email as a wa purposes only .	ay to communicate with my therapist for administ	rative
Printed name of client/personal representative	Client signature (age 13 and older)	Date

Therapist signature

Date

Date