

Perry Sage Therapy

Licensed Marriage and Family Therapist, LF60735148
Electronic Communication Policy

Client name: _____

The purpose of this policy is to clarify the use, limitations, and risks of electronic communication during your treatment at Perry Sage Therapy. Many forms of electronic communication can put your privacy at risk. Our goal is to communicate with you in ways that safeguard therapeutic boundaries, assure the security and confidentiality of your treatment, and are compliant with ethics and laws. Please read this policy carefully, and if you have any questions, please discuss them with your therapist.

Email and Text Communications

Perry Sage Therapy does offer email and/or text communication. Your therapist will do so only with your permission, and only for administrative purposes. Therefore, email exchanges and text messages with Perry Sage Therapy should be limited to things like setting and changing appointment times, notifying your therapist if you are running late to a session, and simple billing matters. Due to limitations in security, please do not email or text your therapist about clinical matters. All emails are stored in the logs of Internet service providers and/or employers. While it is unlikely that these logs will ever be reviewed, they are nevertheless available to be read by system administrator(s). If you choose to communicate with Perry Sage Therapy via email, please be aware that any emails received from you, and any responses sent to you, become part of your clinical record. If you need to discuss a clinical matter with your therapist, please call directly, or wait to discuss it in your next session. The telephone and face-to-face contexts are the most secure modes of communication.

Website

Perry Sage Therapy has a professional website that is available to provide information about services, as well as to educate and provide resources. In order to protect your privacy, the ability to leave comments on the website has been disabled. If you have questions or feedback about any of the information shared on the website, please discuss them during your appointment time with your therapist.

Social Media

Any social media accounts created and maintained by Perry Sage Therapy (such as a Facebook page, Twitter, or YouTube account) are for sharing practice updates, and educational videos and other resources. Clients may choose to follow or not follow the postings of these social media sites.

Perry Sage Therapy does **not** have any social media accounts for client use.

Perry Sage often participates *personally* on various social networks. However, he does not engage with any current or previous clients through these social media platforms as casual social contact could create significant security risks for clients and have the potential to compromise the professional relationship. Other standards include:

- Therapists do not accept friend requests from current or previous clients on social networking sites.
- If your therapist discovers that they have accidentally established an online relationship with you, they will cancel that relationship.
- If you have an online presence, there is a possibility that you may encounter an online presence by accident. If that occurs, please feel free to discuss it with your therapist during your time together.
- If you contact your therapist on social networking sites, your therapist will not respond.
- Your therapist will not “follow” or review their clients’ personal online social networking activities. However, if there are aspects of your online life that you wish to share with your therapist, please bring those to session with you where they can be discussed together.

